



Barbeque Safety

Its the time of year when many are enjoying outdoor cooking. Here are a few common sense tips to help you to do so safely.

- Always use your Barbeque outdoors – using a barbeque indoors or in an enclosed space can lead to carbon monoxide poisoning.
- Position the barbeque on level, stable ground and away from play areas and foot traffic.
- Position barbeque well away from combustible objects – fences, sheds, decking, awning and trees.
- Position so that you can stand upwind when cooking
- Use only recommended barbeque lighting fluid to start a barbeque. NEVER use paraffin or petrol.
- Ignite the barbeque at arm's length and use long handled cooking utensils.
- Never spray lighting fluid onto a hot surface; it may blow up in your face.
- Never move a barbeque once it is lit – you could receive severe burns.
- Do not wear loose clothing when cooking on a barbeque. If your clothing catches fire STOP, DROP and ROLL.
- Keep children a safe distance from the barbeque at all times.
- Never leave a lit barbeque unattended.
- Have a container of water or a garden hose to hand to deal with any flare up or other fire incident.
- For gas fired barbeques ensure gas cylinders are connected correctly and that supply hose is in good condition.
- When finished cooking ensure that the fire is fully extinguished by dousing it with water.
- Dispose of coals in a metal container.